

Gainford



Care Homes



Lindisfarne  
Care Home  
Newton Aycliffe



# Our Philosophy

Our aim is to provide a homely, comfortable and pleasant atmosphere to ensure that every single one of our service users enjoys living with us.

We continually invest in our specially designed homes to ensure we offer the best facilities and living environments.

We are renowned for our high standards of care and promise respect for the individuality and rights of each and every resident.

All of our homes have a dedicated team of nursing and care staff that are all carefully selected and qualified to the highest standards and have extensive experience in the care sector.

Whatever your requirements, we will work with you to ensure your needs and expectations are met.

# Welcome...

Lindisfarne is a purpose-built care home that specialises in general nursing and residential care, along with the specialist care of those suffering from Dementia.

This spacious residence consists of 56 ensuite bedrooms, which can be personalised to suit individual tastes, as well as six comfortable and homely lounges. Each lounge is designed to accommodate all residents' daily requirements and includes facilities such as plasma televisions, quiet lounges and sensory lounges.

Lindisfarne has several specialist dementia units with themed corridors. All of the qualified nurses are fully trained in dementia care and are passionate in the delivery of this specialist care.

We also provide residential care in a separate unit with access to the garden.

Our Activity Co-ordinator meets with all residents and their families to ensure we provide individualised social activity plans.

We have an excellent on-site catering team who provide a nutritional daily menu and special diets as required. Our domestic and laundry staff are fully committed to ensuring the home is clean and personal clothing is laundered to a high standard.





















## Care Available

- General Nursing
- EMI Nursing
- General Residential
- EMI Residential



# Facilities

-  56 en-suite bedrooms
-  Dining room/ bistro with varied daily men
-  Daily Activities
-  Full laundry service
-  Landscape gardens with seating area
-  Library facilities
-  Quiet lounges
-  Sensory lounges
-  Television lounges
-  Beauty & hair salon
-  Optician visit regularly
-  Chiropody visit regularly
-  Specialised bathing facilities
-  Specialised beds
-  Lift
-  Wi-Fi

# Visiting Times

Gainford care homes operate an open visiting policy, visiting is usually between 8am and 10pm but again depends on individual needs.

We want your visit to be pleasant and enjoyable, we have private visiting areas around the home if you require privacy or you are welcome to stay in our comfortable lounges.



# Nutrition

In our homes we have Chefs who pride themselves on catering for a variety of specialised diets.

Our Manager and chefs work to provide a well-balanced nutritional diet for all our residents. As well as running the kitchen, our chefs find time to introduce themselves to the residents to obtain information regarding their likes, dislikes and any special diets they may require.

They also liaise with the care staff and adapt menus to suit all individual needs.

We also encourage family and friends to partake in mealtimes with their loved ones to feel at home here.



## Sample Menu

### Early Morning Breakfast

Tea, Coffee, Fresh juice.  
Selection of cereal or porridge  
Full English breakfast  
Toast and preserves

### Mid-Morning

Tea, Coffee, Fresh juice  
Selection of biscuits  
Freshly prepared fruit  
Fruit Smoothies

### Lunch

Homemade vegetable broth.  
Roast lamb and mint sauce, with roast  
turnip and fresh vegetables  
Scampi and chips.  
Desert – poaches pears in chocolate  
sauce or selection of ice cream

### Mid-Afternoon

Tea, Coffee, fresh juice, fruit  
smoothies.

### Evening Meal

Corned beef pie and vegetables  
Poached egg on toast  
Desert – Fruit cocktail & Cream

### Supper

Tea , fresh juice  
Selection of salads and sandwiches  
Late evening  
Selection of milky drinks – including  
Horlicks, hot chocolate and Ovaltine

*A caring service that is  
second to none*



Lindisfarne Newton Aycliffe, Silverdale PI, Newton Aycliffe, DL5 7DZ

Tel: 01325 320227

[newtonaycliffe@gainfordcarehomes.com](mailto:newtonaycliffe@gainfordcarehomes.com)

Head Office

Gainford Care Homes Ltd, Gainford House, Picktree Lane,

Chester-le-Street Co Durham DH3 3SR

Tel: 0191 389 5810 Fax: 0191 389 5811

[admin@gainfordcarehomes.com](mailto:admin@gainfordcarehomes.com)

[www.gainfordcarehomes.com](http://www.gainfordcarehomes.com)