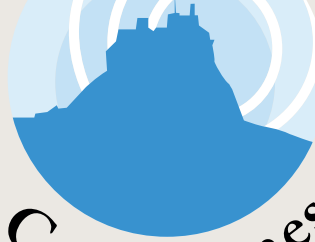


Gainford



Care Homes



# Glenbrooke House





# Our Philosophy

Our aim is to provide a homely, comfortable and pleasant atmosphere to ensure that every single one of our service users enjoys living with us.

We continually invest in our specially designed homes to ensure we offer the best facilities and living environments.

We are renowned for our high standards of care and promise respect for the individuality and rights of each and every resident.

All of our homes have a dedicated team of nursing and care staff that are all carefully selected and qualified to the highest standards and have extensive experience in the care sector.

Whatever your requirements, we will work with you to ensure your needs and expectations are met.

# Welcome...

Glenbrooke House is located in the quiet residential area of Low Fell, just outside of Gateshead and Newcastle city centre. The home provides long-term residential care to adults who have learning and physical disabilities.

Housing ten private bedrooms, each with a nurse call system, an en suite and entertainment system, Glenbrooke House provides a homely, comfortable atmosphere for all of its guests Residents. All residents are encouraged to maintain their own lifestyle choices, in addition to participating in the running of the home.

Glenbrooke House runs a regular programme of activities to encourage residents to develop their own individual skills and lifestyles.

Located close to many local amenities, Glenbrooke House residents are offered the option to expand their social and recreational skills by visiting nearby pubs, clubs, shops, library and churches.

Glenbrooke House offers all of the facilities associated with a modern care home, including DVD players. Televisions in all rooms, which have built in DVD players.

A team is on-site 24 hours a day and work closely with all residents to ensure that they receive the best care, support and encouragement appropriate to their individual needs and wishes.
















## Care Available

- Learning Disabilities
- Physical Disabilities



# Facilities

-  10 en-suite bedrooms with entertainment systems fitted
-  Dining room/ bistro with varied daily menu
-  Daily Activities
-  Full laundry service
-  Landscape gardens with seating area
-  Library facilities
-  Quiet lounges
-  Television lounges
-  Specialised bathing facilities
-  7 seater people carrier
-  Wi-Fi



# Visiting Times

Gainford care homes operate an open visiting policy, visiting is usually between 8am and 10pm but again depends on individual needs.

We want your visit to be pleasant and enjoyable, we have private visiting areas around the home if you require privacy or you are welcome to stay in our comfortable lounges.



# Nutrition

In our homes we have Chefs who pride themselves on catering for a variety of specialised diets.

Our Manager and chefs work to provide a well-balanced nutritional diet for all our residents. As well as running the kitchen, our chefs find time to introduce themselves to the residents to obtain information regarding their likes, dislikes and any special diets they may require.

They also liaise with the care staff and adapt menus to suit all individual needs.

We also encourage family and friends to partake in mealtimes with their loved ones to feel at home here.



## Sample Menu

### Early Morning Breakfast

Tea, Coffee, Fresh juice.  
Selection of cereal or porridge  
Full English breakfast  
Toast and preserves

### Mid-Morning

Tea, Coffee, Fresh juice  
Selection of biscuits  
Freshly prepared fruit  
Fruit Smoothies

### Lunch

Homemade vegetable broth.  
Roast lamb and mint sauce, with roast  
turnip and fresh vegetables  
Scampi and chips.  
Desert – poaches pears in chocolate  
sauce or selection of ice cream

### Mid-Afternoon

Tea, Coffee, fresh juice, fruit  
smoothies.

### Evening Meal

Corned beef pie and vegetables  
Poached egg on toast  
Desert – Fruit cocktail & Cream

### Supper

Tea , fresh juice  
Selection of salads and sandwiches  
Late evening  
Selection of milky drinks – including  
Horlicks, hot chocolate and Ovaltine

*A caring service that is  
second to none*



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