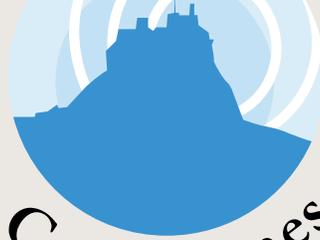


Gainford



Care Homes



The Grove



Our Philosophy

Our aim is to provide a homely, comfortable and pleasant atmosphere to ensure that every single one of our service users enjoys living with us.

We continually invest in our specially designed homes to ensure we offer the best facilities and living environments.

We are renowned for our high standards of care and promise respect for the individuality and rights of each and every resident.

All of our homes have a dedicated team of nursing and care staff that are all carefully selected and qualified to the highest standards and have extensive experience in the care sector.

Whatever your requirements, we will work with you to ensure your needs and expectations are met.

Welcome...

The Grove is a converted hotel-style property that provides short breaks to adults with learning and physical disabilities from 18 to 65. Offering 24 hour support, The Grove is ideal for those looking for a relaxing break or in need of respite, whilst offering a variety of social and recreational activities and entertainment. Situated in it's own private grounds in the centre of Old Birtley The Grove is easily accessible and close to all main transport links and amenities in Gateshead, Newcastle and Durham. The main house has eight ensuite bedrooms, two lounges and a kitchen area.

Three of the bedrooms are downstairs, two of which are equipped with ceiling tracking to allow ease of movement for those who require support. The Grove's main bathroom also offers tracking over a modified spa bath and an adapted shower to accommodate a cradle or chair. Guests who come to The Grove have a range of needs and can make use of the facilities that are available and can relax and enjoy an environment that most suits them.

There are two lounges and both offer an opportunity to enjoy the facilities available such as a large screen TV, stereo,DVD player, PC and games/Wii console. All meals and drinks cater for individuals needs and preferences.

The Grove offers the opportunity to go to events and out on trips in The Grove's own mini-bus and guests are encouraged to choose what they want to do and where they would like to go. There is a separate building (The Den) where regular parties and events can take place. Each guest has an agreed individual support plan which is tailored to their needs and wishes and is monitored and updated on a regular basis.





Care Available

- Learning Disabilities
- Physical Disabilities



Facilities

-  8 ensuite bedrooms with TV/DVD facilities
-  Daily activities and Outings
-  Minibus
-  Dining room with varied menu choice
-  Laundry service
-  Large grounds with patio seating area
-  DVD players, games consoles, Wii
-  TV lounge
-  Entertainment lounge
-  Specialised bathing facilities
-  Wi-Fi

Visiting Times

Visitors are always welcome at The Grove, however we advise friends and family to telephone ahead to ensure that the person they are wishing to visit is in the building at the time.



Nutrition

In our homes we have Chefs who pride themselves on catering for a variety of specialised diets.

Our Manager and chefs work to provide a well-balanced nutritional diet for all our residents. As well as running the kitchen, our chefs find time to introduce themselves to the residents to obtain information regarding their likes, dislikes and any special diets they may require.

They also liaise with the care staff and adapt menus to suit all individual needs.

We also encourage family and friends to partake in mealtimes with their loved ones to feel at home here.



Sample Menu

Early Morning Breakfast

Tea, Coffee, Fresh juice.
Selection of cereal or porridge
Full English breakfast
Toast and preserves

Mid-Morning

Tea, Coffee, Fresh juice
Selection of biscuits
Freshly prepared fruit
Fruit Smoothies

Lunch

Homemade vegetable broth.
Roast lamb and mint sauce, with roast
turnip and fresh vegetables
Scampi and chips.
Desert – poaches pears in chocolate
sauce or selection of ice cream

Mid-Afternoon

Tea, Coffee, fresh juice, fruit
smoothies.

Evening Meal

Corned beef pie and vegetables
Poached egg on toast
Desert – Fruit cocktail & Cream

Supper

Tea , fresh juice
Selection of salads and sandwiches
Late evening
Selection of milky drinks – including
Horlicks, hot chocolate and Ovaltine

*A caring service that is
second to none*



Birtley Lane, Birtley, Chester-le-Street, Co. Durham, DH3 2PR

Tel: 0191 492 3664

thegrove@gainfordcarehomes.com

Head Office

Gainford Care Homes Ltd, Gainford House, Picktree Lane,

Chester-le-Street Co Durham DH3 3SR

Tel: 0191 389 5810 Fax: 0191 389 5811

admin@gainfordcarehomes.com

www.gainfordcarehomes.com