

Gainford



Care Homes



Lindisfarne
Ouston



Our Philosophy

Our aim is to provide a homely, comfortable and pleasant atmosphere to ensure that every single one of our service users enjoys living with us.

We continually invest in our specially designed homes to ensure we offer the best facilities and living environments.

We are renowned for our high standards of care and promise respect for the individuality and rights of each and every resident.

All of our homes have a dedicated team of nursing and care staff that are all carefully selected and qualified to the highest standards and have extensive experience in the care sector.

Whatever your requirements, we will work with you to ensure your needs and expectations are met.

Welcome...

Lindisfarne Ouston is a purpose-built care home, specialising in general nursing, residential care along with the specialist care of those suffering from dementia.

The home consists of 57 ensuite rooms as well as several comfortable and homely living areas. Lindisfarne Ouston has two lounge areas – both of which overlook Penshaw Monument – and a fully equipped sensory lounge.

Served in the communal conservatory dining area, overlooking the garden and patio, are nutritious, home cooked meals, all of which are prepared with residents' dietary requirements in mind.

Lindisfarne Ouston offers a wide range of individual and group activities both on and off-site, ensuring that residents can continue with hobbies and interests, as well as providing new experiences. The home has its own minibus, perfect for day trips organised by our fully trained staff.

The home also boasts a hair and beauty salon, library facilities and full laundry service, as well as benefitting from regular visits from opticians, dentists and chiropodists.





















Care Available

- Dementia Residential
- General Residential
- Mental Disorder
- Nursing Care



Facilities

-  57 en-suite Bedrooms
-  Dining room/ bistro with varied daily menu
-  Daily Activities
-  Full laundry service
-  Landscape gardens with seating area
-  Library facilities
-  Quiet lounges
-  Television lounges
-  Sensory lounges
-  Beauty & hair salon
-  Optician visit regularly
-  Chiropody visit regularly
-  Specialised bathing facilities
-  Specialised beds
-  Lift
-  Wi-Fi

Visiting Times

Gainford care homes operate an open visiting policy, visiting is usually between 8am and 10pm but again depends on individual needs.

We want your visit to be pleasant and enjoyable, we have private visiting areas around the home if you require privacy or you are welcome to stay in our



Nutrition

In our homes we have Chefs who pride themselves on catering for a variety of specialised diets.

Our Manager and chefs work to provide a well-balanced nutritional diet for all our residents. As well as running the kitchen, our chefs find time to introduce themselves to the residents to obtain information regarding their likes, dislikes and any special diets they may require.

They also liaise with the care staff and adapt menus to suit all individual needs.

We also encourage family and friends to partake in mealtimes with their loved ones to feel at home here.



Sample Menu

Early Morning Breakfast

Tea, Coffee, Fresh juice.
Selection of cereal or porridge
Full English breakfast
Toast and preserves

Mid-Morning

Tea, Coffee, Fresh juice
Selection of biscuits
Freshly prepared fruit
Fruit Smoothies

Lunch

Homemade vegetable broth.
Roast lamb and mint sauce, with roast
turnip and fresh vegetables
Scampi and chips.
Desert – poaches pears in chocolate
sauce or selection of ice cream

Mid-Afternoon

Tea, Coffee, fresh juice, fruit
smoothies.

Evening Meal

Corned beef pie and vegetables
Poached egg on toast
Desert – Fruit cocktail & Cream

Supper

Tea , fresh juice
Selection of salads and sandwiches
Late evening
Selection of milky drinks – including
Horlicks, hot chocolate and Ovaltine

*A caring service that is
second to none*



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