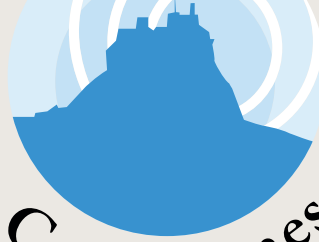


Gainford



Care Homes



# Lindisfarne House Seaham



# Our Philosophy

Our aim is to provide a homely, comfortable and pleasant atmosphere to ensure that every single one of our service users enjoys living with us.

We continually invest in our specially designed homes to ensure we offer the best facilities and living environments.

We are renowned for our high standards of care and promise respect for the individuality and rights of each and every resident.

All of our homes have a dedicated team of nursing and care staff that are all carefully selected and qualified to the highest standards and have extensive experience in the care sector.

Whatever your requirements, we will work with you to ensure your needs and expectations are met.

# Welcome...

Lindisfarne Care Home provides specialist accommodation for the care of individuals with Dementia.

With 53 bedrooms located on two floors, a choice of lounges and dining rooms, full wheelchair access and a large conservatory, residents will feel instantly at home.

The home is situated one mile from Chester-le-Street town centre in the residential area of Whitehills. Designed to meet the needs of residents with Dementia, reality orientation is actively promoted throughout the home.

Lindisfarne Care Home has a full-time activities coordinator who actively encourages individual and group activities. There is also a games/ activities room.

Lindisfarne Care Home prides itself on its friendly, homely, open atmosphere and residents' families are always welcome to visit at any time without prior arrangement.

A team of qualified nurses, carers and domestic staff run the home, which also has it's own driver and handyman. All meals are cooked on-site using fresh produce, by chefs who are able to cater for individual dietary requirements. Residents' families are always welcome to dine with their loved ones.





















## Care Available

- Specialist in EMI Nursing
- Male only unit



# Facilities

-  53 bedrooms
-  Dining room/ bistro with varied daily menu
-  Daily Activities
-  Full laundry service
-  Landscape gardens with seating area
-  Library facilities
-  Quiet lounges
-  Television lounges
-  Hairdresser visit regularly
-  Optician visit regularly
-  Chiropody visit regularly
-  Sensory lighting room
-  Specialised bathing facilities
-  Specialised beds
-  Lift
-  Wi-Fi

# Visiting Times

Gainford care homes operate an open visiting policy, visiting is usually between 8 am and 10 pm but again depends on individual needs.

We want your visit to be pleasant and enjoyable, we have private visiting areas around the home if you require privacy or you are welcome to stay in our comfortable lounges.



# Nutrition

In our homes we have Chefs who pride themselves on catering for a variety of specialised diets.

Our Manager and chefs work to provide a well-balanced nutritional diet for all our residents. As well as running the kitchen, our chefs find time to introduce themselves to the residents to obtain information regarding their likes, dislikes and any special diets they may require.

They also liaise with the care staff and adapt menus to suit all individual needs.

We also encourage family and friends to partake in mealtimes with their loved ones to feel at home here.



## Sample Menu

### Early Morning Breakfast

Tea, Coffee, Fresh juice.  
Selection of cereal or porridge  
Full English breakfast  
Toast and preserves

### Mid-Morning

Tea, Coffee, Fresh juice  
Selection of biscuits  
Freshly prepared fruit  
Fruit Smoothies

### Lunch

Homemade vegetable broth.  
Roast lamb and mint sauce, with roast  
turnip and fresh vegetables  
Scampi and chips.  
Desert – poaches pears in chocolate  
sauce or selection of ice cream

### Mid-Afternoon

Tea, Coffee, fresh juice, fruit  
smoothies.

### Evening Meal

Corned beef pie and vegetables  
Poached egg on toast  
Desert – Fruit cocktail & Cream

### Supper

Tea , fresh juice  
Selection of salads and sandwiches  
Late evening  
Selection of milky drinks – including  
Horlicks, hot chocolate and Ovaltine

*A caring service that is  
second to none*



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