

Gainford



Care Homes



Lindisfarne  
Birtley



# Our Philosophy

Our aim is to provide a homely, comfortable and pleasant atmosphere to ensure that every single one of our service users enjoys living with us.

We continually invest in our specially designed homes to ensure we offer the best facilities and living environments.

We are renowned for our high standards of care and promise respect for the individuality and rights of each and every resident.

All of our homes have a dedicated team of nursing and care staff that are all carefully selected and qualified to the highest standards and have extensive experience in the care sector.

Whatever your requirements, we will work with you to ensure your needs and expectations are met.

# Welcome...

Lindisfarne Birtley specialises in general nursing and residential care, along with the specialist care of those suffering from Dementia. We also have a Younger Person's Unit.

The building consists of 66 bedrooms spread across three floors, each of which caters for different requirements. The lower floor is specifically designed for a young person age 18 upwards with challenging behavior offering an integrated dining room and lounge for maximum observation and social interaction.

Located in the centre of Birtley, the home offers full wheelchair access and spacious living accommodation. Offering a safe and homely environment, guests at Lindisfarne Birtley can enjoy pleasant landscapes and a patio area with great views of the area.

The home has its own front entrance with carpark. Also, carpark to the back of the building overlooking the country with a tranquil settings.

Lindisfarne Birtley runs a regular schedule of events and also has its own hairdressing salon. A specialised team of kitchen staff will cater for all dietary requirements and requests and provide nutritional home cooked food. Residents' families are always welcome at mealtimes.

The home runs a weekly GP Clinic with a specialist nurse practitioner in attendance along with regular visits from district nurse. We also hold regular chiropodist and optician clinics and utilise a local dental practice.





















## Care Available

- General Nursing
- EMI Nursing
- EMI Residential
- General Residential
- Younger Persons Unit with Challenging Behaviour



# Facilities

-  66 en-suite bedrooms
-  Dining room/ bistro with varied daily menu
-  Daily Activities
-  Full laundry service
-  Landscape gardens with seating area
-  Library facilities
-  Quiet lounges
-  Sensory lounges
-  Television lounges
-  Beauty and hair salon
-  Optician visit regularly
-  Chiropody visit regularly
-  Specialised bathing facilities
-  Specialised beds
-  Lift
-  Wi-Fi

# Visiting Times

Gainford care homes operate an open visiting policy, visiting is usually between 8am and 10pm but again depends on individual needs.

We want your visit to be pleasant and enjoyable, we have private visiting areas around the home if you require privacy or you are welcome to stay in our comfortable lounges.



# Nutrition

In our homes we have Chefs who pride themselves on catering for a variety of specialised diets.

Our Manager and chefs work to provide a well-balanced nutritional diet for all our residents. As well as running the kitchen, our chefs find time to introduce themselves to the residents to obtain information regarding their likes, dislikes and any special diets they may require.

They also liaise with the care staff and adapt menus to suit all individual needs.

We also encourage family and friends to partake in mealtimes with their loved ones to feel at home here.



## Sample Menu

### Early Morning Breakfast

Tea, Coffee, Fresh juice.  
Selection of cereal or porridge  
Full English breakfast  
Toast and preserves

### Mid-Morning

Tea, Coffee, Fresh juice  
Selection of biscuits  
Freshly prepared fruit  
Fruit Smoothies

### Lunch

Homemade vegetable broth.  
Roast lamb and mint sauce, with roast  
turnip and fresh vegetables  
Scampi and chips.  
Desert – poaches pears in chocolate  
sauce or selection of ice cream

### Mid-Afternoon

Tea, Coffee, fresh juice, fruit  
smoothies.

### Evening Meal

Corned beef pie and vegetables  
Poached egg on toast  
Desert – Fruit cocktail & Cream

### Supper

Tea , fresh juice  
Selection of salads and sandwiches  
Late evening  
Selection of milky drinks – including  
Horlicks, hot chocolate and Ovaltine

*A caring service that is  
second to none*



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